

Geriatric & Extended Care (GEC) Overview

Annette Beyea, D.O., MPH



Home Based Primary Care (HBPC)

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Home Based Primary Care (HBPC)

What is HBPC?

- Home Based Primary Care (HBPC) is an outpatient program that provides primary care to eligible Veterans in their own home using a team approach.
- “Primary Care on Wheels”
- HBPC delivers Veteran focused, age friendly care.
- HBPC’s program goals are:
 - Increase access to healthcare throughout Maine
 - Decrease emergency department visits
 - Prevent hospitalization
 - Support the Veteran’s to remain safely in their homes so they can age in place.

Program Eligibility:

- Be enrolled in VHA
- Be deemed relatively homebound or have “difficulty or experience undue burden” getting to the clinic
- Have complex ongoing illness that will benefit from an interdisciplinary team approach
- Have a home environment that is safe for the well-being of the Veteran, caregiver and HBPC team members
- Does **NOT** have to be service connected

Home Based Primary Care (HBPC)

Who makes up the HBPC Team?

- Healthcare Provider
- Nurse
- Social Worker
- Dietitian
- Occupational Therapist
- Clinical Pharmacist
- Psychologist

What do they do:

- Each team member evaluates and contributes to an age friendly plan of care that is individualized to meet the Veteran's needs to include but not limited to:
 - Assessments (physical, nutrition, mental health, medical, etc.)
 - Long term care planning
 - Lab work
 - Medication management
 - Mobility supplies
 - Community resources and more!



Care Giver Support Program

Tammy Holman, LCSW



Program of General Caregiver Support Services

- The PGCSS provides services to caregivers of eligible Veterans of any era. PGCSS includes training, education, respite care, a telephone support line, self-care courses and other services. These services are available to support caregivers of Veterans enrolled in VA for health care, who require a caregiver for assistance regardless of injury or illness.
 - Dementia Support Group – Virtual
 - PTSD Support - Virtual
 - REACH VA Groups/Individual – Virtual
 - Caregivers First Group - Virtual
 - Coffee with Caregivers (Bangor/Togus/Portland/Caribou) – In person
 - CPR Education for Caregivers (All locations) – In person
 - Monthly Caregiver Newsletter – Mail/Email
 - Intuitive Eating – Virtual
 - Annie Caregiver Text Support
 - Building Better Caregivers
 - Caregiver Self-Care Courses
 - VA Caregiver Support Line
 - General Telephone Support
 - Peer Support Mentoring Program
 - Resources for Enhancing All Caregivers Health (REACH) VA
 - Suicide Prevention Toolkit for Caregivers
- For questions or referrals please contact:
 - Local VAMC Telephone 207-623-8411 x5906
 - Website: www.caregiver.va.gov
 - **Caregiver Support Line toll free number 1-855-260-3274**
- CURRENTLY THERE ARE 164 CAREGIVER ENROLLED IN THIS PROGRAM

Program of Comprehensive Assistance for Family Caregivers

- **Veterans may be eligible for this clinical program if they:**
- Sustained or aggravated a serious injury (or illness) in the line of duty in the active military, naval or air service during any service era. Among other applicable eligibility criteria, an eligible Veteran must:
- Have a single or combined service-connected disability rating by the Department of Veterans Affairs (VA) of 70% or more. This requirement is included in the definition of “serious injury;”
and
- In need of personal care services (requiring in-person personal care services) for a minimum of six continuous months based on any one of the following:
 - An inability to perform an activity of daily living;
 - A need for supervision or protection based on symptoms or residuals of neurological or other impairment or injury; or
 - A need for regular or extensive instruction or supervision without which the ability of the Veteran to function in daily life would be seriously impaired.

PCAFC – Eligibility Criteria

- Inability to perform activities of daily living (ADLs)
- The “inability to perform an ADL” means the Veteran or service member requires personal care services each time he or she completes one or more of the ADLs listed below:
 - Dressing or undressing oneself
 - Bathing
 - Grooming oneself in order to keep oneself clean and presentable
 - Adjusting any special prosthetic or orthopedic appliance, that by reason of the disability cannot be done without assistance (this does not include the adjustment of appliances that nondisabled persons would be unable to adjust without aid, such as supports, belts, lacing at the back, etc.)
 - Toileting or attending to toileting
Feeding oneself due to loss of coordination of upper extremities, extreme weakness, inability to swallow, or the need for a non-oral means of nutrition
 - Mobility (walking, going up stairs, transferring from bed to chair, etc.) Requiring assistance with an ADL only some of the time does not meet the definition of an "inability to perform an ADL."
- Requiring assistance with an ADL only some of the time does not meet the definition of an “Inability to perform an ADL.”

PCAFC – Eligibility Criteria Continued

- A need for supervision, protection or instruction
 - The Veteran or service member has a functional impairment that directly impacts their ability to maintain his or her personal safety on a daily basis.
- Unable to self-sustain in the community
 - An eligible Veteran either:
 - Requires personal care services each time he or she completes three or more of the seven activities of daily living (ADL) listed in the definition of an inability to perform an activity of daily living in this section and is fully dependent on a caregiver to complete such ADLs;
 - or • Has a need for supervision, protection, or instruction on a continuous basis.
- CURRENTLY 226 CAREGIVERS ARE ENROLLED IN THIS PROGRAM

Caregiver Support Program Staff

- **Program Manager:**

- Angela Mckenney, LCS

- **General Caregiver Support Program**

- Tammy Holman, LCSW
- Cheyenne Leard, LCSW

- **Comprehensive Caregiver Support Program**

- Jessica Sinclair, LCSW
- James Savage, BSN, RN
- Morgan Delattre, LCSW
- Susie Sampson, LCSW
- Kathy Bishop, RN
- Carri Jacobsen, RN

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207-623-8411 X 5906

Personal Care Services Overview

Paulette Ferland, BSN, RN



Personal Care Services



- Personal Care Services assists in allowing Veterans to remain in the least restrictive setting and can also provide respite to primary caregivers.
- VA Maine Healthcare System offers:
 - Homemaker and Home Health Aide Program
 - Community Adult Day Health Program
 - Veteran Directed Care Program

Homemaker Home Health Aid

Overview

- Contracted Community Agencies provide a Personal Support Specialist (PSS) to assist with Activities of Daily Living (ADL) and if time allows Instrumental Activities of Daily Living (IADL) care in the home

Eligibility

- Veterans must be enrolled in VA for their health care
- Veterans must be eligible for the community care program
- Personal Care Services must be ordered by a VA or non-VA paid provider

Enrollment

- Contact the Veteran's Primary Aligned Care Team (PACT) to start the referral process.
- Must have two or more ADL dependencies **OR**
- Significant Cognitive Impairment as evidenced by a deficit in executive decision-making or memory **OR**
- Needs Personal Care Services as adjunct care to community hospice services

Authorization

- Ordered as hours per week
 - If enrolled in CADHC hours will be split between the two

Community Adult Day Health

Overview

- Community contracted facilities that provide programming for Veterans to attend during the day for activities, socialization, and care
- A Dementia diagnosis

Eligibility

- Veterans must be enrolled in VA for their health care
- Veterans must be eligible for the community care program
- Personal Care Services must be ordered by a VA or non-VA paid provider

Enrollment

- Contact the Veteran's Primary Aligned Care Team (PACT) to start the referral process.
- Must have two or more ADL dependencies **OR**
- Significant Cognitive Impairment as evidenced by a deficit in executive decision-making or memory **OR**
- Needs Personal Care Services as adjunct care to community hospice services

Authorization

- Ordered as days per week
 - If enrolled in H/HHA hours will be split between the two

Veteran Directed Care

Overview

- The Veteran Directed Care (VDC) program provides Veterans with an average monthly budget for hiring whom they wish to provide personal care services, based on their ADL needs.
- The VA contracts with Aging and Disability Network Agencies (ADNAs) to oversee the VDC program, and each Veteran is assigned a care advisor.
- The Veteran (or their representative) can hire whom they wish to provide the care they need. The Veteran and/or representative work with their care advisor to create a care plan that fits their care needs (ADL and IADL needs) within an allotted budget.
- Care advisors have monthly check ins (phone or virtual) and quarterly in-home visits.
- Contracted ADNA's contract with a Fiscal Management Service (FMS) to provide payroll to the direct hires.

Eligibility

- Veterans must be enrolled in VA for their health care
- Veterans must be eligible for the community care program
- Personal Care Services must be ordered by a VA or non-VA paid provider

Enrollment

- Contact the Veteran's Primary Aligned Care Team (PACT) to start the referral process.
- Must have two or more ADL dependencies **OR**
- Significant Cognitive Impairment as evidenced by a deficit in executive decision-making or memory **OR**
- Needs Personal Care Services as adjunct care to community hospice services

Authorization

- Ordered as annual global budget with an average monthly budget
 - Once enrolled in VDC cannot receive H/HHA and/or CADHC



Thank you





Community Nursing Home Program

Donna Higgins, LCSW

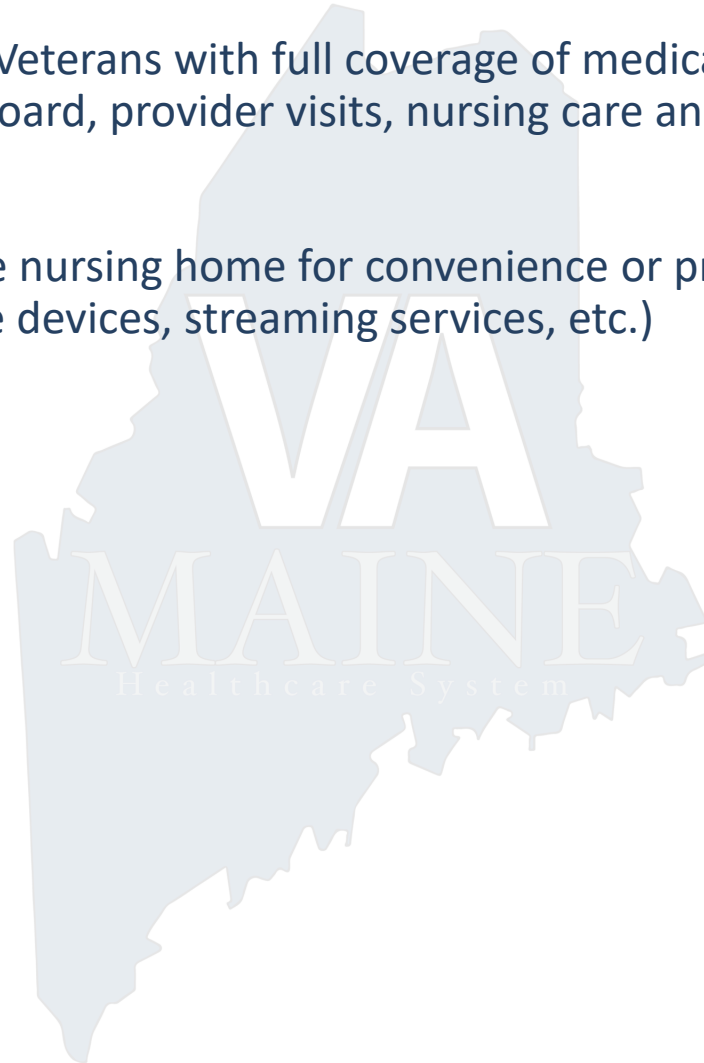


What is the Contract Nursing Home (CNH) Program?

- The CNH Program provides coverage for eligible Veterans requiring nursing facility level of care for rehabilitation, skilled nursing care, long-term care, hospice, or respite in a community nursing home at VA expense.
- The CNH Program has the advantage of offering nursing home care in local communities so Veterans may receive care near their homes and families. Veterans admitted to the CNH Program are provided with care coordination to enhance the Veteran experience and monitoring to ensure quality of purchased care.

What does the Contract Nursing Home Program Cover?

- The CNH Program provides eligible Veterans with full coverage of medically necessary nursing home costs, including: semi-private room and board, provider visits, nursing care and services, medications, supplies, and authorized therapy services.
- Non-medical services offered by the nursing home for convenience or preference (including private room, barber / beautician services, mobile devices, streaming services, etc.)

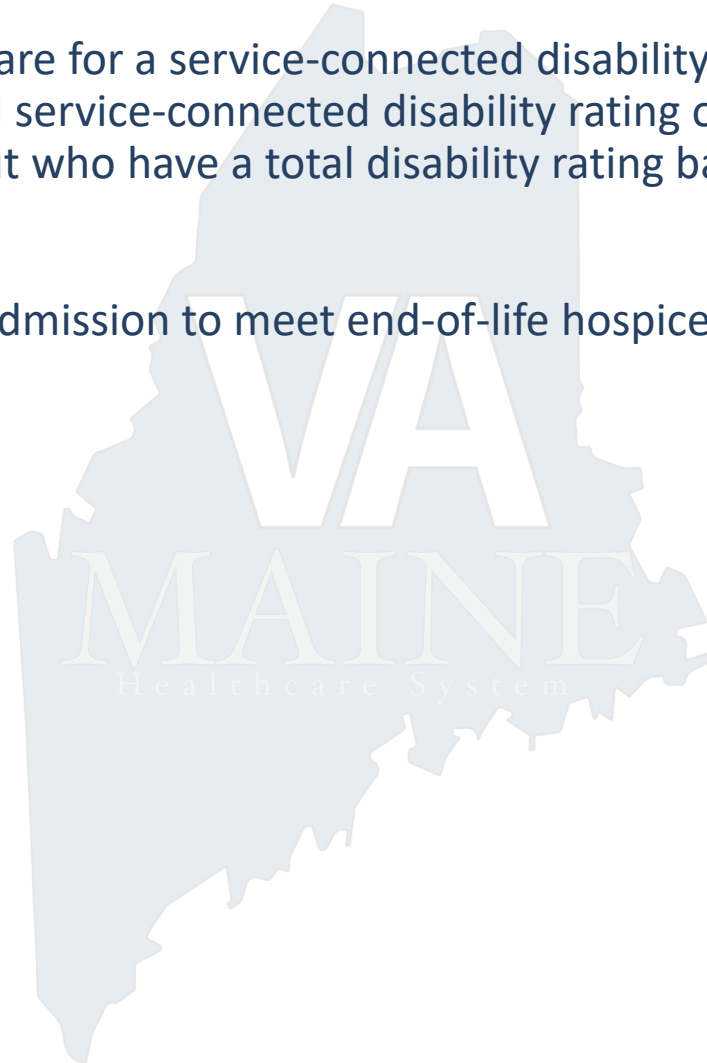


Contract Nursing Home Program Covered Services

- **Rehabilitation:** need for daily skilled rehabilitation in a nursing home setting (physical therapy, occupational therapy, and/or speech therapy).
- **Skilled Nursing Care:** need for skilled nursing care in a nursing home setting (wound care, IV medications, respiratory care, etc.).
- **Long Term Care:** need for long term care placement in a nursing home setting for assistance with activities of daily living.
- **Hospice:** need for end-of-life care in a nursing home setting.
- **Respite:** need for a short term stay in a nursing home setting for the relief of a primary caregiver.

Who is eligible for the Contract Nursing Home Program?

- Veterans in need of nursing home care for a service-connected disability, Veterans in need of nursing home care who have a single or combined service-connected disability rating of 70% or greater (including Veterans with a single disability rated 60% but who have a total disability rating based on individual unemployability).
- Veterans in need of nursing home admission to meet end-of-life hospice care needs are the targeted population for this program.



Participating Contract Nursing Home Program Locations

- Clover Manor - Auburn
- Coastal Manor - Yarmouth
- Dexter Healthcare - Dexter
- High View Manor - Madawaska
- Madigan Estates - Houlton
- Marshwood Center - Lewiston
- Oak Grove Center - Waterville
- Pinnacle Health & Rehab - Canton
- River Ridge Center - Kennebunk
- Sandy River Center - Farmington
- Seaside Nursing - Portland
- Sedgewood Commons - Falmouth
- St. Andre - Biddeford
- St. Andrews - Boothbay Harbor
- Winship Green Center - Bath
- Woodlawn Rehab - Skowhegan

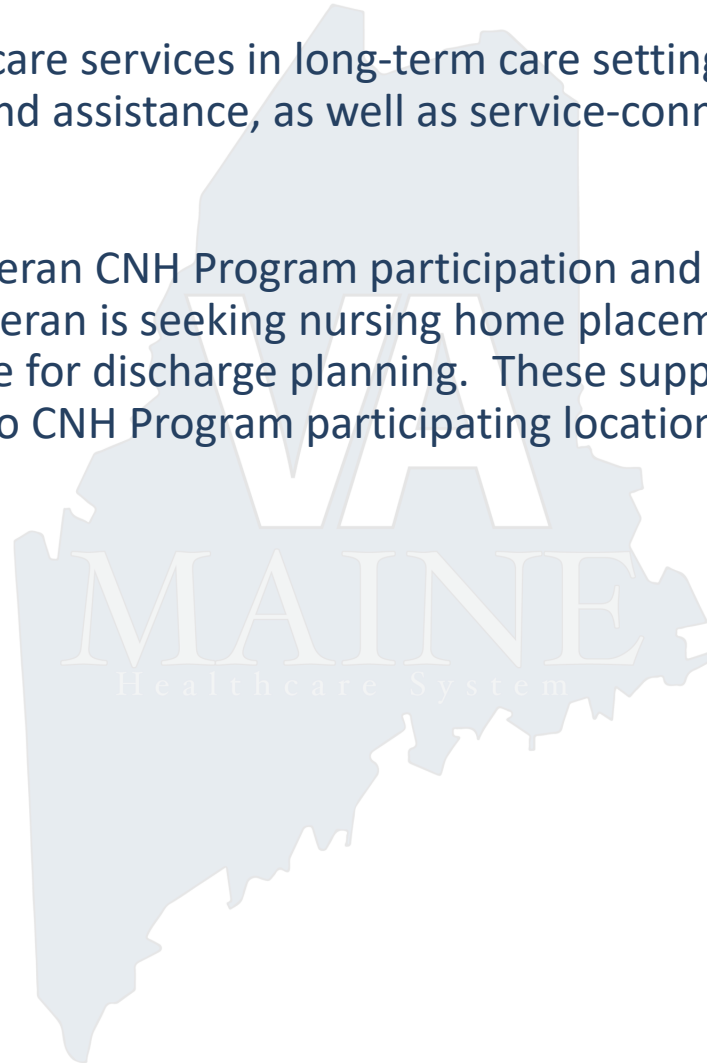
Each community nursing home has an Admission Coordinator available to answer questions and schedule a preadmission tour.

Choice of Contract Nursing Home Program Location

- **What information should be considered when choosing a CNH Program location?**
 - Veteran needs, preferences, options available, and quality.
 - Information on nursing home inspections, staffing, and quality can be found online at <https://www.medicare.gov/care-compare/?providerType=NursingHome>.
 - CMS offers additional guidance on what to look for at <https://www.medicare.gov/media/document/12130nursing-home-checklist508.pdf>.

How Does a Veteran Access the CNH Program?

- VA Veteran eligibility for long term care services in long-term care settings are determined based on need for ongoing treatment, personal care and assistance, as well as service-connected VA disability status.
- For general questions regarding Veteran CNH Program participation and referral, contact your VA Maine Primary Care Social Worker. If a Veteran is seeking nursing home placement from a hospital location the hospital Social Worker is responsible for discharge planning. These supports can request an eligibility review for coverage and support referrals to CNH Program participating locations of interest.

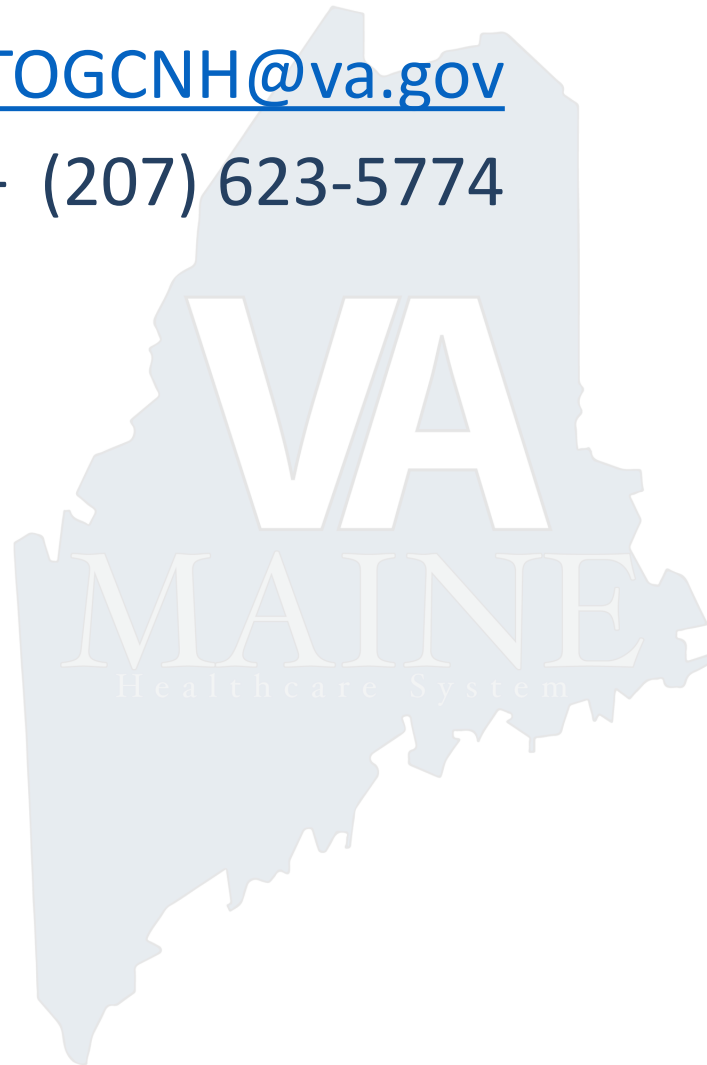


Frequently Asked Questions

- **Can the CNH Program cover the cost of care in a community nursing home not on the list of participating CNH Program locations?**
 - The CNH Program has no method to cover the cost of nursing home care at a nursing home with whom VA does not have a contract/agreement.
 - Community nursing homes must participate in the contracting and/or vendor process and are required to meet a set of standards or secure a waiver to provide nursing home care to Veterans at VA expense as program participants
- **Are Veterans admitted to the CNH Program assigned a Primary Care Provider?**
 - All community nursing homes must provide physician services. All nursing home residents in Maine must be seen by a physician at least once every 30 days for the first 90 days after admission and at least once every 60 days thereafter. Access to physician services 24 hours a day in case of emergency is also required.
 - The community nursing home provider and care team are the Veteran's primary care team while a resident of a nursing home. Veterans may re-establish care with their VA Maine Healthcare provider when they discharge from the nursing home.
- **How will CNH Program admission impact a Veteran's VBA compensation or pension benefits?**
 - VA benefits of Service-Connected Disability Compensation and Veterans Pension are not impacted when a Veteran is receiving VA paid nursing home care. Some Special Monthly Compensation amounts, such as aid and attendance, may be reduced when a Veteran is receiving VA paid nursing home care.
 - VA Benefits Hotline 800-827-1000

CNH Program Contact Information

- Program Email – VHATOGCNH@va.gov
- Program Secure Fax – (207) 623-5774



State Veterans Home (SVH)

Donna L. Higgins, LCSW



State Veterans Home (SCH)

- Are owned and operated by state governments
- VA DOES NOT have authority over the management or control of SVHs

What is State Home Per Diem?

- Grant Program
 - Per diem for providing care to eligible Veterans
- Types of Care
 - Nursing Home (NH)
 - Domiciliary (DOM) Assisted Living Level



Maine State Veteran Homes Bed Capacity

Town	# of Long-Term Care/ Skilled Nursing Beds	# of Domiciliary Assisted Living Level
Augusta	120	30
Bangor	120	30
Caribou	40	30
Machias	----	30
Scarborough	120	30
South Paris	62	28
Totals	462	178

Surveys/Regulation Requirements

- Ensure compliance of VA standards 38 CFR Part 51 and 38 U.S.C. 1745
- SVH must provide primary care to all Veterans on the NH unit
- SVH must provide therapies to include mental health
- Prescribed medication for certain Veterans

Who Can Enter a State Veteran Home?

- Not open to the general public
- Eligible Veterans
 - Any Veteran who meets the eligibility criteria for each level of care
 - VAMC responsible for assuring that VA per diem is only paid for eligible Veterans
- Certain categories of Veteran-related family members (do not receive per diem)
 - Non-Veteran spouses of Veterans; or
 - Surviving spouses of Veterans; or
 - Gold Star Parents

Maine State Veteran Home Rates

Per Diem Basic Rates

- Rates apply to Veterans who do not qualify for their service-connected prevailing rate.
- State Veteran Nursing Homes daily per resident: \$ 138.29 daily
- State Domiciliary daily per resident: \$59.69 daily

Prevailing Rates

- Set by County – Varies depending on what county the SVH is placed
- Based on service-connected disability
- Augusta – \$459.22
- Bangor – \$492.81
- Caribou – \$459.22
- Scarborough – \$518.91
- South Paris – \$459.22

Respite

- The SVH can provide respite stays
- The VA requires a Maximus assessment to be completed to determine the level of care.
- There is no mechanism in place for the VA to reimburse the SVH for Veterans who are placed in a SVH specifically for respite.
- All admissions to the MVH for LTC must have a Maximus study completed.

State Veterans Home Point of Contact

- Donna L. Higgins, LCSW
 - 207-623-8411 ext. 3396

Questions & Answers



MFH

MFH

Medical Foster Home

Natali Plourde, LCSW
Medical Foster Home Coordinator

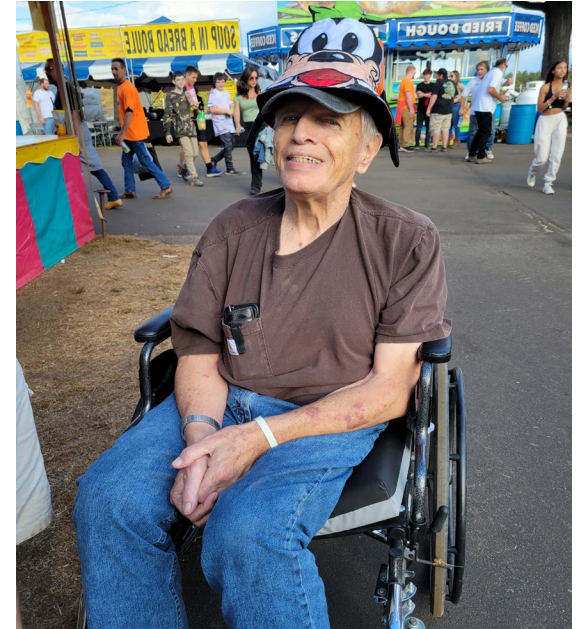




The Home



The Caregiver- AKA Angels



The Veteran- AKA Heroes



A Hero

Meets

An Angel

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Maine Healthcare System